

FR.TK.REFLECTIONS 19th SUNDAY YEAR-A- 2026/

CHRIST PRESENCE IN STORMS AND IN CALMNESS:

Where do we find Christ in our life?our today's readings point to two places **in the quiet and in the storms**.The first reading(1Kings 19:9,11-13) is famous scene from the life of prophet Elijah.He had just come out from as a **winner** in a dramatic religious contest between him and pagan cults sponsored by Evil Queen Jezebel, Elijah challenged the false prophets and proved the real God of Israel.The Queen went after the life of Elijah to revenge.He escaped to the mountain of the Lord Horeb to look for the Lord.He looked for sign of God's presence in **the wind,earthquake,in fire but in none of them was He present but he was in that air around him,that light cool sound**.God is always present not only in extraordinary manifestation **but in ordinary place rather he is everywhere.we meet God in those silent moments**.He is a constant sure present in our life.

In the gospel(Mat 14:22-32) we are faced with the presence of the Lord in a storm.The crowd was about to get out of control possibly to make him their **political ruler after seeing so many miracles he did**.He dispatched the apostles and was left with the stormy crowd he cooled them and went for **prayer then followed the apostles walking in the waters**.He was too involved in another **calming incident** this time calming the rough seas.This shows us well that Christ is involved in our way of daily activities.He addressed the impending issue of danger facing the apostles by **cooling the waves**.He enters in our life situation and responds appropriately in whatever our need of the moment is.He tells us as he **did to the**

scared apostles,courage,do not be afraid am the one.What we need is **trust** in him.Sometimes our little boat is tossed around by **challenges of life,stress,depression,anxiety,relationships issue,vocation crisis,temptations,failures,sickness misunderstanding.**we feel we may not reach the shore we feel like giving up but the Lord is telling us **courage,do not be afraid,Trust me.He** is extending his **hand to lift you from the impending storm in that moment.Am present in the storms of your life as much as in the calm just put your trust in me ALL TIMES.**