

FR.TK.REFLECTIONS THIRD SUNDAY OF LENT 2026:

THE WATER OF LIFE:

Jesus and the Samaritan woman seem to be talking about drinking water but **it is more than that**. The conversation we have here is not so much about her as it is to all of us. Note the fact that this Samaritan woman is not **mentioned by name which means she is representing all of us in a way**.

The Samaritan woman has some striking way of life, one **she was Samaritan and** we all know the the resentment between the Jews and Samaritan. Secondly **she was a woman** and normally women are supposed to be **silent in the presence of a rabbi** finally she was **known as a sinner** because of her multiple marriages!. This explains why she was lonely because no one wanted to be associated with her, no wonder that is why she went to fetch water **alone and at an awkward time noon** when no one went to the well on hot Sun.

She was a **marginalized in the society in which she lived**. Jesus in her situation **reaches out to her and gave her company and involved her in communication**. Jesus will always reach out to us in lonely moments and in all places. He is **concerned about our well and in whatever situation we are in, he will reach us..** He knows **our past, our present but he is interested in our future and our potentiality on**

what we can become not on what we are at the moments.our well these days is the church,here we gather with other Christian's and here **we too meet Christ in the word and Eucharist.**Let us be open to him and share with him our different sweet,sad and challenging moments of our lives like the Samaritan woman and he will lead us to **waters of life.**we all need that water of which Jesus led her from drinking water to **that overflowing spiritual refreshment which is the Grace or Holy Spirit.**let's not forget our **spitual needs pursuing bodily needs.**

The season of lent calls us to be like Moses who strikes the stone for water.we need to **strike the rock of anger and let in the peace of Christ,the rock of rust to let in gratitude, to release grace of temperament by striking the rock of gluttony and addition.**strike the **rock of pride to unleash the grace of honesty and strike the rock of greedy to uncover spiritual wealth in Christ.**Lent is all about striking the rock and get the water of life.**which ROCK is preventing you from getting that water of life? Can you strike it today like Moses and the Samaritan nameless woman?**