

FR.TK REFLECTIONS 6th SUNDAY YEAR-A-2026:

A MORE EXCELLENT OUTLOOK:

Our lives are governed by two laws, **there is the civil law and there is the moral law.** Most of the time they are in **harmony other times in conflict.** when a conflict occurs, we must follow the higher moral law and be ready to face the consequences of the civil law. In today's gospel (Mt 5:22-37) Jesus speaks of two laws **that of the law, prophet and his laws, they are not in conflict but they are different in quality and clarification.** He says that he has not come to destroy the law and prophet **but to fulfill and perfect.**

Last week we heard the Lord saying **we are to be the salt of the earth and the light of the world.** We are not the light of the world if we say well **I don't murder, commit adultery, perjure many they don't** but the Lord is teaching us that being the salt is deeper than that, he says you heard that it was said you shall not commit murder, what I say is this **avoid senseless anger, abusive words and contempt of others.** we destroy people through **slander, hatred, defamation, character assassination thus wounding the person.**

We are the light **when we respect human dignity not involved in personal insult or ridicule .** we don't have to agree but respect is vital. Jesus says you have heard it was said you shall not commit adultery what I say is that avoid **infidelity of heart, fantasizing, through magazine, toying through internate thus disengaging from the life of the family that can dry up family life and separate people though they live in the same roof. Legally they are married but emotionally divorced** which is a pity. we are the light when we **nourish and commit ourselves to family life.** Still there are people

well committed despite the temptations, society and cultural influence. where do you stand today?

Jesus too is calling us to be **people of truth despite the challenge. Do not swear let your yes be yes and your no be no.** Jesus is teaching us to look within not from outside influence. The real measure of the **violence in our world and society** is not found in the crime statistics but **in all ways we put people down.** The measure of family life doesn't come from the number of divorce cases **but lack of serious commitment and responsibility to our family relationship.** The degree of untruth is not measured by number of perjuries but by **lies and eversion and deception and half truths that we see in the society.**

In such world we live, to be the salt and light is **to be people who respect others, people of fidelity in marriage vows and family life and to be people of truth.** let's not be products of what the environment stands for or say **everybody does it but you don't have to be everyone you are yourself and you have choice today.**