

FR.TK.REFLECTIONS CORPUS CHRISTI-YEAR -C-2025:

THE BODY AND BLOOD OF CHRIST -FOOD FOR THE JOURNEY.

All the readings reminds us of our spiritual nourishment on our journey here on earth.

Our first reading (Gen.14:18-20) we meet the King of Salem(current Jerusalem) Melchizedek who served as a priest too.He welcomed Abraham and offered **Bread and wine in thanksgiving** .His priesthood is mentioned in Hebrews(7:1-20) as perfect priesthood of Christ and quoted very well in Eucharist prayer one.It foreshadowed the body and blood of Christ

In the second reading (1Corth 11:23-26) it gives an account of the **insitution of the Eucharist *that last supper St.Paul explains*** that he receives it from the Lord and he is handing over to the Corinthians.This is the oldest description of Eucharist.

The gospel(Lk 9:11-17) we are presented with the multiplication of the Loaves and the feeding.The words Jesus uses to the apostle is using to us on daily basis **give them something to eat yourselves.** what a challenging statement to us in this **era of egoism and selfishness.**are we ready to share our **bread,thoughts,water, talents,opinions** to those in need? How many countries,people have more than what they need and the poor are starving just within!

The last supper is enacted in this episode of multiplication of loaves,**He took bread,raising his eyes to heaven,prounced the blessings,broke them and gave them to his disciples to share.**The **starving** crowd was fed and and satisfied and there was **left overs.whenever we are generous,we will always have left**

overs, be kind and generous and you will see the difference. Jesus was concerned and he is still concerned about our well being. He will always feed us with what we need. Christ is ever present among us as he told his apostles and disciples, **behold I will be with you till the end of time**. He is present in his **word in the scripture, in a praying community, in all the sacraments but in a special way in Eucharist (This is my Body, this is my blood)**. His presence in all the above **doesn't depend on our mood, holiness, our faith, or feelings, he is just present through his Grace**.

He gave himself regardless of **color, tribe, age, status, nationality or even gender**. He said ***Take this all, of you and eat of it. The invitation is for all..** are you ready to accept the invitation or you are still denying the body of christ. He assured **whoever eats my Body and drink my blood I will remain in him and he in me**. He will always come to our assistance and shoulder our burden. ***Come to me those who are overburdened and I will relieve you**. take all the excess baggage to him today in Eucharist. He will always relieve and give you the bread you need in life and any given moment as he did to characters.

To the crowd that followed him in the desert, **he gave them physical bread since they needed food**. To the leper whose body was torn to pieces by leprosy, **he gave him the bread of physical healing**. to Mary magdalena who was a public sinner, **he gave her the bread of forgiveness and acceptance**. to the lonely woman at Jacob's well, he gave her the **bread of company and human kindnesses**. to the widower, Mary and Martha who had lost dear ones, he gave **them bread of sympathy**. Tax collectors **the bread of changing and sharing**. and to the thief on the cross, he was given the bread

reconciliation and salvation, proving the fact that it is not too late for salvation. Let's go to him today with our needs and he is going to address them. Note that not all accepted the bread of Christ, there some characters who said no and went their way and there are still others in our communities. The rich young man **rejected the bread of discipleship due to richness and property**, Pilate rejected the bread of **truth choosing to wash his hands of any connection with Christ and the bread of truth**. The residents of Jerusalem, the pharisees and scribes rejected **the bread of peace and of conversion**.

WHAT ABOUT YOU AND ME TODAY!