

## **FR.TK.REFLECTIONS 8<sup>th</sup> SUNDAY YEAR-C-2025**

### **THE LOG FIRST AND CONTROL OF THE POWERFUL TOOL THE TONGUE:**

Whenever we visit a physician, she/'he will exam the tongue first! Looking at the tongue can tell the Doctor a great deal about his patient. Come to think about it, heart, mind, tongue, mouth works hand in hand. Jesus in the gospel today (Lk 6:39-45) says that **from the fullness of the heart, the mouth speaks**. What is in the heart sooner or later overflows the speech. The tool we call tongue has a lot indeed to do in our life's hence we must use it well. We use it to **taste, eating and speaking. it warns us if the food is good or bad, salty, cold, warm, spoiled.** *It is one of the busiest part of the body almost on 24 hour duty. it is also very powerful tool which can be damaging if not controlled*

In our first reading (Sirach 27:4-7) speaks about the power of the tongue through the speech. Think about the people you touch physically in a day think too about those you **have touched by your word!** It is obvious with word you can **hurt, ruin one's character, comfort, encouragement, praise, curse, worship, destroy one's reputation, spread rumors, slander and even creat suspicion.** It all depend on how you use your tongue. Are you using it positively or negatively, **creat and build walls or you are creating bridges in the community.** what a good and challenging reflection as we enter into this period of Lent coming Wednesday. We need to examine ourselves. A word from our mouth can clear the air, or cause confusion, can creat **peace, misunderstanding or even war,** we must be very careful on how we are using this tool since it reflects

on what is in our heart through the mouth. Whatever we say is very powerful and has lasting effect. If we destroy one's reputation it is impossible to call it back because the damage is already done. ***from the fullness of heart, the mouth speaks and the defect of a man are seen when he starts speaking says the prophet (sir. 27:4) The taste of a person heart is made evident in conversation and spoken word.*** People are tasted by the ***fruit of their speech hence don't praise a person until you hear him/her speak***

These words are echoed by Jesus in the gospel as a conclusion on the sermon on the plain. Jesus speaks very clearly on the three images he uses today. **The blind leading the blind. This indicates how our lack of faith can mislead and corrupt others. Splinter in Brother's eye and the log in us implies our inclination to judge others.** we close an **eye on our selves** thus opening to see the **faults, mistake** of others. Before we point a finger on someone examine yourself first. **Good and bad fruit** Jesus connects the soundness of heart and character with good fruits. Good heart bears good fruits. Our life's, actions and words will show what kind of fruits we will produce.

We need to look and examine ourselves today as we enter the period of Lent. We are called to judge ourselves not others. **are we leading others from darkness to light, clearing the speck from others eyes missing the log obstructing us in our own.** How are you using the power of your tongue, is it for healing or condemning, to set free or to accuse.

**HAPPY LENT SEASON FULL OF SELF REFLECTIONS:**