

FR.TK.REFLECTIONS 7th SUNDAY YEAR -C-2025:

THE GOLDEN RULE:

The Golden rule of Jesus is the base of our gospel as well as base of human living (Lk 6:27-38). **Do to others as you would have them do to you(6:31)** in other words it is telling us **treat people as you would like to be treated**. These words of Jesus seem to come from another opposite world from the one we are living, yet these are the basics not only Christianity but for humanity. **Love your enemies, do good to those hate you, Bless those who curse you!** You can imagine the hatred we have in the society and world today, are these practical really? most of the sad stories we read in papers, TVs, radios and other media are the consequences of ignoring the Golden rule, **war, terrorism, domestic violence, child abuse, greedy, sex abuse, jealousy abductions as it is happening in some African countries like Kenya** due to political inconvertibility are as a result of violating and abusing the Golden rule.

The society, the church are not left behind. do they actually stand the test of the Golden rule, what of scams, crooked scenes, corruption, tax payers money being misused for political gains. How do you balance over three hundred people being flown to Ethiopia using public funds to witness the voting of chairman of African unity! This is morally uncalled for. The church should condemn this immediately otherwise you are compromised too. **correct and advice and practice it in the churches, parishes, among the Christians and the priests then** you will be in line with the Golden rule.

Many of us think that it is asking too much to live by the golden rule, yet we have to take the risk. This is clearly seen in the first reading, Saul the king who was so jealous of the young David and looked ways and means to eliminate him, David had all the opportunities to kill Saul but he **declined that he can't kill an anointed one what a courage we get for forgiveness** This is what our Lord is telling us, are we ready to do this?

Come to think about it, **forgiveness** is a sign of strength as many might think it is weakness. We react but we must also respond as Christina's through this we gain strength this is what David did. Forgiveness gives us **liberation**, when we don't forgive we become slaves of **hatred and resentments in our lives**. Let us not let past control and dominate us. We have a present and future. We don't have to live that way, we can break the cycle of **revenge, retaliation and resentment by forgiving**. When we hate someone we become a **slave of that person, we give him/her power, we take the person wherever we go, he is an extra luggage on our journey. He is too expensive**. He will make you lack sleep, appetite. We deserve peace and this can be gained through the Grace of forgiveness which is available through **GOLDEN RULE. Forgiveness is strength, liberation and shows that God's grace is growing in us.**