

## **FR.TK REFLECTIONS 20<sup>th</sup> SUNDAY YEAR-B 2024:**

### **THE LIVING BREAD:THE EUCHARISTIC BREAD.**

The first reading,book of proverbs(9:1-6),wisdom is symbolized as a person and referred too as **lady wisdom.She is pictured as owner of an inn**(hostel),the columns of this **inn** symbolize stability and number seven symbolizes **perfection**.The Lady wisdom is inviting people to the lodge and the guests are assured she has prepared those who accepts the invitation will be **rewarded with joy and abundance of life**.How are going to respond to this invitation? It looks too good to be turned down the decision is upto you.What a generous invitation from the Lady wisdom.

Jesus in the gospel (Jn.6:51-58) **invites us to partake his flesh and blood** so that we may **enjoy the fullness of life in him**.The last three Sundays,the gospel has been talking of **bread of life** since the **miracle(Sign)** of the multiplication of bread and fish.people have been **gathering,Jesus told them and fed them**.He took the opportunity to teach them on the living bread.He spoke of himself as the **living bread,\*I am the living bread that came down from heaven**,he proceeded on telling them the new bread that he will give **is my flesh and blood**.Obviously this caused friction with the Jews How can he give us his flesh and blood.The meaning is so clear and straight that Jesus was **giving himself full and totally to all**.(Flesh and blood is the real person).

Don't we get this very clearly in Eucharistic celebration during mass? Do we ever get a shock like the Jews when we hear these words of consecration **this is my body,this is my blood,DO THIS IN MEMORY OF ME**.is he not doing the same to us.we must open the

**eyes of faith to understand this great mystery of the body and blood of Christ among us.***Christ is present in all the masses throughout the world.* Jesus Christ is talking of the Eucharist to us today.

Jesus gave himself **wholly and totally in several ways**, he gave himself **in obedience to the father**, he gave himself **fully and totally on the cross for us** and he gave himself **fully and totally to the disciples during the last supper in form of bread and wine**. This is Eucharist the bread of life and he is inviting us today to partake his body and blood. In masses he is there in **word and Eucharist**. **who ever eats my body and drinks my blood has eternal life and I will raise him up on the last day.**

The Eucharist is Christ himself, **body, blood and divinity**, hence the whole Christ is truly real and substantially contained (Catechism of the Catholic Church tells us). Eucharist is a **sacrifice, communion and presence of Christ**. As a sacrifice, Eucharist re-enact and represent the **the sacrificial death of Christ**, Christ saving Passover is remembered and made present, as spiritual food communion, it **unites us with christ\*Whoever eats my body and drinks my blood remains in me and I in him\*** where else as presence he is **present to us in glory**. whenever we visit the tabernacle with our **chaos, troubles, challenges, love and devotion, we will find rest there and have peace for our souls, encouragement and inspiration**. The invitation is there come to me all those who are overburdened and I will relieve you. Let's take all our burden and extra excess baggage of the world and off load them to the Lord in **Eucharist the bread of life.\*The bread that I will give is my flesh for the life of the world.**