

FR.TK.REFLECTIONS TRANSFIGURATION SUNDAY-2023.

THE MOUNTAIN EXPERIENCE:

At times as human being we are so low and down,we have feelings of failure and unworthiness.we are stressed with life,we feel we cannot go any further.suddenly something nice happens,perhaps a call from a friend,letter,text message or even a visit from a dear one,hence all feeling changes and sparks of **joy,hope,confidence and love** can be reflected on our face,they became bright and assuring.

This is precisely what happened to our Lord in his humanity on that mountain of Tabor.He had worked so successfully in his native Galilee,yet mounting **opposition from both political and religious** leaders could be detected.He sensed that what happened to the prophets,violent death would certainly happen to him and before him lies his impeding approaching death.He needed strength.

As he often did,he **withdraw to a lonely place(Mt.Tabor)**taking with him three of his disciples.-perhaps he went to ask his father for **strength as he journeyed to the next mountain of suffering Calvary.**He had a moment of **detaching himself from the world and attaching himself to God in prayer for strength and enlightenment .He poured his soul to the father and he had a marvelous experience.**The fathers voice assured him,**"This is my son,the beloved,listen to him(Mt.17:5).His appearance changed,his face shone like sun,his clothes became bright(Mt.17:2).**The presence of Moses representing the law and Elijah representing the prophet were in his support.His heart and spirit are strengthened and he is now ready to face Calvary.This is the meaning of Transfiguration,moment of change and strength and confidence.

Don't we all need this most of the time when we feel low and desperate in life.

The apostles were too strengthen to face the scandal of the cross their master was about to undergo.They tasted the **glory of Christ and didn't want to loose such glimpse,no wonder peter wanted them to settle there(17:4)**let me build three tents,one for you,one for Moses and one Elijah.

They realized the personality of Jesus that he is more than a **teacher, Healer, charismatic reformer but SON OF GOD**. Whenever he teaches, forgives it is God. God wants us simply to listen to him despite so many **contradictory and conflicting voices in the world, society misleading and distracting us**. Are you ready to listen to him today, then if you would today hear his voice **harden not your heart**.

We all have **good, bad, challenging moments as followers Christ, we face disappointments, scandals, social, sexual, doctrinal, financial** both in the world and even in the church. We have pounds or kilograms of **pains and cups of suffering but gallons of Grace are ahead of us** and **tons of glory awaiting us in heaven**. We need that **moment of mountain experience for strength, our Tabor** that we may face the Calvary with determination and confidence.

Martin Luther King had this to say during his Tabor experience, after reaching rock bottom, tired of threats, insults and injuries, in a state of exhaustion, despair he threw himself down in prayer saying ***Lord I have taken a stand for what I believe is right, but now am afraid. The people are looking for me for leadership. If I stand before them without strength and courage, they will too-falter. But am at the end of my powers, I have nothing left. I can't face it alone!*** After this he experienced a lot of strength. We all have moments in our life's where do we actually go. Do we have moment of detach and attach ourselves to God through Christ in prayer who knows the real truth about us.